



First Sunday of Lent

MASSES THIS WEEK AT ST. MICHAEL'S

Psalter I

MON. Feb. 11th *Our Lady of Lourdes*
12:05 PM † **FR. RICHARD SHEEHAN** —Sr. Marg Pelletier

TUES. Feb. 12th
12:05 PM † **CELINE SLIWOWITZ**
—Maureen O'Shea & Family

WED. Feb. 13th
12:05 PM † **ANNIE MOWAT** — Joan Mowat

THURS. Feb. 14th @ Victoria College
10:00 AM † **ROGER DOUCETTE** —Rene Thibault

FRI. Feb. 15th
7:00 PM † **BILL DELONG**
— Fr. Francis P. Duffy Council #1970 K of C

SATURDAY, February 16th

5:00 PM † **VINCE RUTTAN** — Family

SUNDAY, February 17th

9:00 AM † **MISSA PRO POPULO**

11:00 AM † **DOREEN PAVLOVITCH**
— Doreen & Eric Davis

Next Weekend's Readings • *Second Sunday of Lent*
1st Gen. 12.1-4 • 2nd 2Tim 1.8b-10 • *Gospel*. Mt 17.1-9

EVENTS/MEETINGS THIS WEEK

- Mon. 11** — 4:00PM CWL Meeting
- Tues. 12** — 7:00 PM RCIA in Parish Centre
- Wed. 13** — 12:30 PM Legion of Mary in Parish Centre
- Thurs. 14** — 1PM Srs. Progressive Euchre (CCC)
- Thurs. 14** — 7:00 PM Christian Prayer & meditation Group in Parish Centre
- Fri. 15** — 6:30PM Stations of the Cross — Church
- Sat. 16** — 10AM — 12PM 1ST Communion Parents Workshop @ St. Michael's School Gym

PRAY FOR THE SICK

Gemma McHardy, Catherine Smith, Marie Beauvais, Rosemary Roth, Terry O'Sullivan, Fr. Henry, Matilda Eikens, Jean Boudreau, Pat Lucyshyn, Noreen Mark, Gerrard Heffernan, Antoinette Brisson, Joe May, Billy Thomson, Julie Black, Kim Hope, Stan Johnston, Louis Carigan, Ronald Heffernan, Fred Williams, Wendy Gregoriades, Denise Palermo, Anne Driscoll, Mark Martel, Trevor DeMattos, Diane Bartlett, David Wright, Lorna Watts, Shirley Ferguson, Greg Heenan, *May the Lord's healing hand touch them.*

VOCATION VIEW

Lent is a season of renewal, of spiritual growth. These forty penitential days invite us to strive for our true calling.

Breakfast Buffet @ Columbus Community Centre:
February 17th • 10AM — 1PM

LENT 2008

The Church has entered the great season of Lent, a time of spiritual renewal in preparation for the celebration of Easter. Lent is the Church's time of year to consider one's progress in the journey of faith. The passion, death, and resurrection of Jesus Christ is the focus of Lent and Easter. The faithful walk with Christ in His passion and death in Lent, and rise with Him in hope on Easter. Traditionally, there are three practices of Lent the faithful are asked to observe: prayer, fasting, and almsgiving. One is asked to pray more in Lent. Find ways to pray that go beyond normal prayer. Almsgiving, or generosity, is another key concept of Lent. The faithful take an inventory of their material possessions, realize how much God has blessed them, and thank Him by giving to the poor. And then there is fasting, the Lenten practice that is known beyond all others! Fasting includes abstaining from meat on the Fridays of Lent and fasting on Ash Wednesday and Good Friday.

DID YOU KNOW??

► **Fridays are days of Abstinence from meat. What does this mean?**

Taking meat away from a meal removes the centrepiece of the meal. For some, this will be a great sacrifice. The point of meatless meals is to sacrifice, thus joining each person's sacrifice to that of Christ's. The spirit of the law demands that the faithful challenge themselves on what they eat on Fridays of Lent. How does the spirit of this practice affect meatless meals? For example, if one's favourite food is tuna, then the letter of the law would say to eat it because it is not meat, but the spirit would challenge the person to put it aside. The meals on meatless Fridays ought to be simple, meatless, and not one's favourite kind of fish or pasta. Understanding the spirit of this law helps one to see that removing the central piece of a meal can move the person to consider what is central. Prayer and reflection upon this practice of meatless Fridays will lead the person to understand that Christ, and certainly not meat or any favourite food, is at the centre.

RITE OF CHRISTIAN INITIATION

Topic: Freedom in Christ, The dignity of the Human Person, and Social Teachings of the Church

Presenter: Pat Fleming

Time: Tues. Feb 12th @ 7PM

COLLECTION REPORT

∞ A Summary of Your Generosity ∞
February 3rd: \$4,627. ▲ \$692 More than last year!
Restoration Fund: \$2,570



MURAL RESTORATION

To get your personalized engraved plaque, contact Dorothy Ward at 905.372.3138. For information, see samples at the back of the Church. This is an ongoing opportunity to raise money for the restoration fund and help St. Michael's Church.

Part of the Lenten journey is Almsgiving. How can you financially support the restoration project?

WORLD DAY OF THE SICK

The ministry of Jesus to the sick is central to the life of the Church. Pope John Paul II in establishing this day stated: "I consider most appropriate indeed, the bestowal upon the entire ecclesial community of an initiative which, as already practised in some nations and regions, has brought forth precious pastoral fruit." February 11th (the memorial of Our Lady of Lourdes) highlights the healing ministry of the Church. It reminds us that service to the sick and suffering cannot be neglected. It recognizes the great efforts of doctors, nurses, health care institutions and pastoral care givers to restore health to those afflicted with illness and disease.

PARENT'S WORKSHOP: 1st EUCHARIST

There is a workshop for parents of students in Grade 2 who will be making their First Communion this year on February 16th at St. Michael's School Gym from 10AM – 12 Noon. Parents are highly encouraged to attend this important workshop.

ROSARIES FOR SALE

Handmade rosaries are once again available for sale in the Parish Centre. Cost: \$10. each.

SHARE LENT

Share Lent 2008, the annual campaign of the Canadian Catholic Organization for Development and Peace, helps partner communities in Africa, Asia, Latin America and the Middle East. As people of faith and conviction, we are asked to live our values of justice and solidarity through prayer, action and almsgiving. I believe and so I give



LENTEN REFLECTION SERIES

Spiritual Literacy: Reading the Sacred in Everyday Life at Villa St. Joseph Wednesday evenings during Lent. 7.00 PM to 8.00 PM beginning on February 13 to March 12. Themes include Beauty, Compassion, Forgiveness, Shadow and Transformation.

WANTED: USED ITEMS

Do you have any used summer clothing, encyclopaedias, dictionaries, school supplies that you want to share with the children? These can be dropped off at the Rectory. Fr. Vic will send them to different elementary schools in the Philippines.

STATIONS OF THE CROSS

We adore you, O Christ, and we bless you! Because by your holy cross you have redeemed the world!

The Stations of the Cross are prayed every Friday at 6:30PM in the Church.

Led this week by: Knights of Columbus



LIVING STATIONS

A re-enactment of Jesus' final hours

Have you seen Mel Gibson's the "Passion of the Christ?" Do you want to prayerfully participate in a re-enactment of Christ's final hours in this 'live Stations of the Cross'? Are you in grades 7 and up? Volunteer your time and energy in this wonderful production. Br. Jerry will sign your volunteer hours!! Please contact Br. Jerry at the Rectory 905.372.6844. More info in next week's bulletin...

WHY GO TO CHURCH?

A Church goer wrote a letter to the editor of a newspaper and complained that it made no sense to go to Church every Sunday. "I've gone for 30 years now," he wrote, "and in that time I have heard something like 3,000 sermons. But for the life of me, I can't remember a single one of them. So, I think I'm wasting my time and the pastors are wasting their giving sermons at all."

Several people wrote into the editor with a response, until someone wrote this clincher: "I've been married for 30 years now. In that time my wife has cooked some 320,000 meals. But, for the life of me, I cannot recall the entire menu for a single one of those meals. But I do know this.. They all nourished me and gave me the strength I needed to do my work. If my wife had not given me these meals, I would be physically dead today. Likewise, if I had not gone to Church for nourishment, I would be spiritually dead today!" When you are down to nothing, God is up to something! Faith sees the invisible, believes the incredible and receives the impossible! Thank God for our physical AND our spiritual nourishment!

LENTEN PRAYER

O God, our true life,

To know you is life, to serve you is freedom, to enjoy you is a kingdom, to praise you is the joy and happiness of the soul. I praise and bless and adore you, I worship you, I glorify you. I give thanks to you for your great glory. I humbly beg you to live with me and reign in me, to make the heart of mine a holy temple, a fit habitation for your divine majesty. Amen.

-St. Augustine of Hippo

Remember to checkout our website:

www.stmichaelscobourg.com

online bulletin • up-do-date news • valuable information