

Eighteenth Sunday in Ordinary Time

"The bread of God is that which comes down from heaven and gives life to the world."

MASSES THIS WEEK AT ST. MICHAEL'S

Psalter II -- Year B

MON. August 3

12:05 PM Special Intentions of the **MEER FAMILY**
--Barbara

TUES. August 4 St. John Vianney

12:05 PM Special Intentions of **MARY MEADE**
--Ron Berriault

WED. August 5

11:00 AM Mass at Cobourg Retirement

12:05 PM † **INEZ MacGILLIS**
--Hilda & Mel McPhee

THURS. August 6 Transfiguration of the Lord

12:05 PM † **JOANNE LAMBLE**
--Ray

FRI. August 7

10:00 AM Mass at Golden Plough

12:05 PM Special Intentions of the **HOLMQUIST FAMILY**
--by the DeRoth Family

Saturday, August 8

5:00 PM † **JACK BOWEN**
--Teresa

Sunday, August 9

9:00 AM † **HANS WEISS**
--by his brother Al & Family

11:00 AM **MISSA PRO POPULO**

Next Weekend's Readings: **19th Sunday in Ordinary Time**

1st: 1 Kings 19.4-8 2nd: Ephesians 4.30 - 5.2

Gospel John 6.41-51

Prayers for the Sick

Heather Maxwell, Doug Smith, Greg Heenan, Jim Connolly, Bernadette Forster, Jim Corkery, Jenna Jenkins, Joseph Slaven, Kathleen Tunney, Marie Solomon, John Kuchma, James Cormier, Harm Zoelman, Alice Heffernan, Bob Whelpley, Peg Lees, Tanya Green, Shawn Pentland, Lisa Dunn, Rosemary Roth, Lisa Sampson, Charles Potier, Arlene Brown, Debbie Hale, Stanley Johnston, Jessica Gerber, Richard Philips, Lynn Fabris, Mary Beyette, Theresa Ferguson, Charles Bateman, Bob Pickett, Noreen Mark, Antoinette Brisson, Stan Johnston, Fred Williams, Denise Palermo, Mark Martel, Diane Bartlett

May the Lord's healing hand touch them.

Reflection

Following the miracle of the multiplication of the loaves and fishes, people were very excited about Jesus. Many of them recognized the presence of God in the miracles of Jesus, but they still thought in earthly ideas of bread. They followed Jesus hoping to see more signs. Jesus reminded the people about the bread God provided through Moses when the Israelites were lost in the wilderness. He explained that was only bread to satisfy a temporary hunger, but the bread God sent in Jesus would satisfy their hunger forever.

Reflection for Families As parents, we spend a great deal of our resources (time, energy, money) providing bread for our family. We know, of course, that bread is figurative for housing, clothing, food, fine arts lessons, sports instruction, vacations and camps. We are challenged by this gospel today to spend at least an equal amount of our resources helping our children recognize Jesus as the true bread from heaven. Consider sincerely how you might meet the challenge of this gospel.

Collection Report

∞ **A Summary of Your Generosity** ∞

July 26 Sunday Offering \$4425.00

Additional Diocesan Debit Collection \$587.00

Restoration Offering this week \$75.

Thank you for your support!

Events/Meetings This Week

Wed. 5—12:30 pm Legion of Mary in Parish Cen.

Thurs. 6—7:00 pm Progressive Euchre at Columbus Community Centre

Thurs. 6—7:00 pm Prayer/Meditation Group in PC



Congratulations

We welcome into our Christian community those children baptized today: Rose Adrianna Catherine, Nathan Maxwell, Bobby James, Madelene Rose, Kennedy Lauren & Alexa Jayne.

May they and their families continue to grow in their faith through this Sacrament.

Marriage Preparation

One of the obligations of marrying in the Roman Catholic Church is that the couple must attend a 'Marriage Preparation Programme'. The next programme for the Lakeshore area will be held September 18/19, 2009 in Courtice. Please contact our office 905 372-6844 for more information and to register.

Note from Lou Rinaldi, M.P.P.

"In these tough economic times we're all aware that more and more people are finding themselves in need of assistance, but many are not sure how to find the help they need. I'm here to help provide that support to those most in need. ...many people are not aware that my office may be able to help, or provide them with some direction as to who best can assist them. I recognize that many of our friends and family are often too proud to ask for help. I'd like to remind them that if they're willing to reach out, I'm only a phone call away." To reach Mr. Rinaldi you can call toll free 1-800-263-3980. Also visit his website at www.lourinaldi.com

Organist & Choir Away



You will have notice that there was no music at the 9:00 and 11:00 am Mass this weekend. The Organist is away on vacation, and the Choir is also taking a break. They will be back for next weekend's Masses.

Diocesan Pilgrimage

Germany, Switzerland & France
June 17 to 30, 2010

The Diocese of Peterborough, VEYO, (*Vocations, Evangelization and Youth Office*) are planning this pilgrimage. Highlights: Oberammergau Passion Play—which is only performed every tenth year—Shrines of St. John Vianney, Our Lady of La Salette, Our Lady of Einsiedeln. For more information or to register, contact the VEYO Centre at 705 749-0330 or visit their website: www.veyopeterboro.org and follow the links. Also, copies of the Itinerary and registration forms are available from the Parish Office during office hours. Note that a first deposit is due by August 15, 2009.

Worth Repeating *'Actions speak louder than words; let your words teach and your actions speak... it is useless for a man to flaunt his knowledge of the law if he undermines its teaching by his action.'* -St. Anthony of Padua

Bulletin Insert

Stop Bill C-384 – Speak up Now!

"This letter comes to you on a grave and urgent matter that affects us all. On May 13, 2009, MP Francine Lalonde, Bloc Quebecois, introduced her private member's Bill C-384, an act to amend the Criminal Code (right to die with dignity), to legalize Euthanasia and Physician Assisted Suicide in Canada. As Catholic Christians and citizens of this country we need to become informed about this Bill, what its implications are for us all, and what we can do to voice our opposition to it." –**Most Rev. Nicola De Angelis**

The insert in today's bulletin may answer any questions you have regarding this Bill. We are urged to contact our MP, Rick Norlock by phone 905 372-8757, address, 277 Division St., Unit 2, Box 290, Cobourg, ON K9A 3R2 or email Norlock.R@parl.gc.ca

SONfest

Volunteers Needed

especially in the areas of security, health and safety and set up. Anyone who would like to volunteer a few hours over the SONfest weekend is asked to attend the volunteer orientation meeting on August 5th at 7:30 pm at St. Therese Parish 3800 Courtice Road. For further information, please call the parish office at 905 436-2126.

"We Have Set Our Hope on the Living God: (1 Tim. 4:10)

Catholic Youth Festival of the Diocese of Peterborough

August 14-16, 2009

At Holy Trinity Secondary School, Courtice
Hosted by St. Therese Parish, Courtice, ON
Camping~Food~Speakers~Music~Prayer
~Adoration~Fun~Games~

Who is SONfest for? Ages 15 to 30.
Cost: \$50.00 For more information and to register, visit the website at www.veyopeterboro.org and follow the link.

PLEASE NOTE: The office will be closed on Monday, August 3, 2009 for the Civic Holiday. Enjoy the day.