

First Sunday of Lent

“Away with you, Satan! for it is written, ‘Worship the Lord your God.’ ”

March 1, 2020

† Masses this week at St. Michael's Year A
Monday, March 2

12:05 pm † Greg Fleming
 -Pat

Tues. March 3

12:05 pm † Franca Romano
 -Linda Romano

Wed. March 4

10:00 am Mass at Cobourg Retirement
 12:05 pm † In Honour of St. Michael the Arch Angel
 -Bill Little

Thurs. March 5

12:05 pm Special Intentions of John & Mary Dalton
 -Taylor Family

Friday, March 6

10:00 am Mass at Golden Plough Lodge
 12:05 pm † Rafeala DePinto -Marg & Family

Saturday, March 7

5:00 pm † Maria Tatarek
 -John & Family

Sunday, March 8

9:00 am Missa Pro Populo
 11:00 am † Mark & Dennis Forster -Family

Next Weekend's Readings: Second Sunday of Lent
 1st: Genesis 12.1-4
 2nd: 2 Timothy 1.8b-10 Gospel: Matthew 17.1-9

Prayer Life at St. Michael's

Tues. 3	7:30 am Adoration/Prayer	
Wed. 4	7:30 am Adoration/Prayer	7:00 pm Catholic's Come Home
Thurs. 5	7:00 am	7:00 pm

Double Bulletin: Keep for reference until March 15.

Why not take advantage of Lent as a time for spiritual renewal?

How to Get Started If you want to improve your spiritual life this Lent, the best place to start is right where you are.

Let go of a bad habit: Take advantage of Lent to loosen your grip on your bad habits, by being aware of the effects it has on those around you. *Pray for this change.*

Strengthen a good habit: Pick one good habit and think of how you can put this strength to good use on a daily basis. Exercising your strengths can benefit those you live with. *Pray for this strength.*

Ask God to lead you: Every morning, ask God to help you be a better person. With the thought that God is present, attitudes change. *Pray for His guidance.*

Use Lent as an opportunity to have small changes in your daily life. Practice Lent, right where you are. It's where God is waiting for you.

World Day of Prayer This Friday, March 6, 2020



Hosted here at St. Michael's Church

Service at 2:00 pm (doors open at 1:30 pm)

Refreshments & fellowship to follow in Parish Centre.

Thank you to our CWL for organizing this event.



The Stations of the Cross is a Lenten devotion that offers witness to Jesus' passion and death. Take this opportunity to come together and to pray with others and follow the 'way of the cross'. **The Ladies Auxiliary will assist Father on Friday, March 6 at 7:00 pm and the KofC on March 13.**

KofC Community Breakfast Buffet

Next Sunday, March 8, the KofC will be serving breakfast buffet from 9:00 am until 11:30 am at the Columbus Community Centre (corner of D'Arcy & Spencer St.). Everyone is welcome to join in this Community breakfast. Cost is Adult - \$12.00, Children 5 to 12 years \$5.00.

Come and enjoy a full breakfast of eggs (many styles) bacon, sausage, pancakes, home fries, toast, muffins, coffee, tea, juice and fresh fruit.

Villa St. Joseph Ecology & Spirituality Centre

Lent Series: *Intersecting our Lenten Tradition and Care of the Earth, Care of the Poor*—5 Wed's: March 4, 11, 18, 25 & April 1 at 7pm. Also, check out their '**winter nights at the movies**' Mar 5 & 26, start 6pm to 9pm. Check their website for full schedule of events. www.villastjoseph.ca or call at 905-372-2741.