

# † Masses this week at St. Michael's -February 25-March 3, 2024

*“There appeared to them Elijah and Moses,  
who were talking with Jesus.”* -Mark 9.2-10

## Second Sunday of Lent Year B

Saturday, February 24 5:00 pm † Fr. Allan Hood -Jane Penney  
Sunday, February 25 9:00 am Missa Pro Popula  
11:00 am † David Hobart -Knights of Columbus, Cobourg

	Mass Intention	Requested by
Monday, Feb. 26	10:10 am St. Michael's School Mass 12:05 pm Special Intentions of Keith & Maria Parsons	-Gary & Trish James
Tues., Feb. 27	10:00 am Mass at St. Joseph School 12:05 pm † Deceased Members of the English & Olsen Family	-Vic & Colleen Olsen
Feb. 28	12:05 pm † Mark Umali	-The Family
Thursday, February 29	12:05 pm Special Intentions of Stephen Webb	-Taylor Family
Friday, March 1	10:00 am Mass at Golden Plough 12:05 pm † Domenico DePalma	-Knights of Columbus, Cobourg



### Friday, March 1 6:00 pm

*The Stations of the Cross is a Lenten devotion that offers witness to Jesus' Passion and Death. At each station we use our senses and our imagination to reflect prayerfully upon Jesus' suffering, Death, and Resurrection, and to simply experience the visual images to reflect on Christ's love for us.*

**Saturday, March 2 First Saturday Mass & Devotion 10:00 am**

**ADORATION** Weekdays 3:00 pm to 6:00 pm. We invite you to spend some time in quiet prayer with our Lord.

*Third Sunday of Lent* Sat., March 2 5:00 pm † Josiah Okpataku -Riccio Family

Sunday, March 3 -9:00 am Missa Pro Popula 11:00 am † Domenico DePalma -Francesca DePalma & Family



**How to Find Time in the Day for Lent** The fast pace of your life may seem to leave little time and energy for the traditional Lenten practices. But you can weave moments of spiritual awareness and service into even the busiest of schedules. The trick is to see Lenten practice as part of, rather than in addition to, each activity of your ordinary hectic day.

**A Different Type of Fasting** There are many ways to fast. Why not fast from criticism, gossip, judging others, or passing on rumors? Why not abstain from unwarranted fear and anxiety? You can also tell that inner voice inside your head that criticizes you to abstain from eroding your

ability to be the confident, blessed person God calls you to be. These are beautiful ways to observe the Lenten call to fasting and abstinence. In the book, *Praying Lent*, the authors offer suggestions on different ways to fast during Lent.

*You're Invited:* Next presentation of the Cobourg & District Historical Society is **COBOURG'S Father Francis Patrick Duffy** Date: **TUESDAY, FEBRUARY 27, 2024**

Time: Doors Open 7 pm, Presentation 7:30 pm Location: Victoria Hall, 55 King Street W, Cobourg, ON Speakers: Randy Barber V.P. CDHS, and Pete Fisher, Today's Northumberland Cost: Members (C&DHS) free, Guests \$5, All are welcome !

